

People and Gardens support people with physical and emotional impairments at The Eden Project's Watering Lane Nursery.

Our aim is to teach work and social skills to enable people to develop as individuals and to be able to enjoy those values which most of us take for granted. Participation, presence, choice, competence and respect have historically been denied to people with disabilities and yet they are fundamental when it comes to enabling someone to take control over their own life.

By building confidence and self esteem we can do just that.

The 'Quality of Life' Veg Bag Project has been set up to provide real pay for real work for some of those we support. Non profit making, all the benefits are given to others.

The Eden Project has been instrumental in supporting us to take this forward and they provide administrative, media, IT and knowledge. We are proud to be associated with this organisation that has done so much for us.

There are many barriers facing those with disabilities who wish to work. We are trying to break down those barriers by education and role modelling.

When I recently asked a volunteer what the project meant to him he replied *"It's taken me out of a dark place and given me hope and confidence for the future, something I've never had before."*

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